

## Soul Circle – Spiritual Development Groups

A Conscious Journey Into Self

Groups every 3rd Friday evening and Saturday morning  
O'Halloran Hill, Adelaide



**Discussion and teachings around Energy Awareness, Crystals, Meditation, Angels, Law of Attraction, The Aura, Chakras, Reading for Self and Others, and so much more!**

All of us achieve understanding in our own way. The journey towards spiritual enlightenment is a personal one of self-discovery. These sessions provide a safe, supportive environment in which to come together to share, learn and grow.

Personal growth is something that is going on all the time, every hour of every day. Our main responsibility within these Human lives – that we have chosen to live at this time - is to do our full duty, to be the best version of us that we can.

We will focus on a different subject during each monthly Soul Circle group session. Session content repeats between the Friday evening and Saturday morning groups. If you're ever unable to make a particular date then you are more than welcome to join the repeat session, space permitting.

You do not need to walk this journey alone. All are welcome.

3rd Friday evening of every month is currently a fully subscribed closed circle.

**NEW GROUP : 3rd Saturday morning of every month, starting Saturday 17th February 2018**

February focus will be Energy Awareness and connection

**Dates for your diary :** Saturdays 17th February, 17th March, 21st April, 19th May, 17th June 2018

**10-11.30am \$20 with light refreshments**

**O'Halloran Hill – studio address provided upon booking**

Practical sessions with discussion, teaching and meditation elements included. Reference materials provided where required. Bookings in advance please, for room and catering considerations. Numbers will be limited so be quick to secure your place. Cancellations are welcome to transfer to another person or session date.

**All enquiries to Elizabeth on 0474 197707 or [elizabeth@lotusstar.com.au](mailto:elizabeth@lotusstar.com.au)**

*'When you are evolving into a higher-self, the road may seem lonely  
but you're simply shedding the energies that no longer match the frequency of your destiny.'*

Unknown

Elizabeth James : Holistic Health and Well-being : Art

Intuitive Soul Art ✦ Readings ✦ Mindful Meditation ✦ Mindful Art Workshops ✦ Spiritual Development  
Past Life Regression ✦ Crystals & Colour Therapy ✦ Reiki ✦ Daily Oracle Wisdom

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